

Welcome to our Lunch Cafe @ Green Island HS

February 2018

Monday

Tuesday

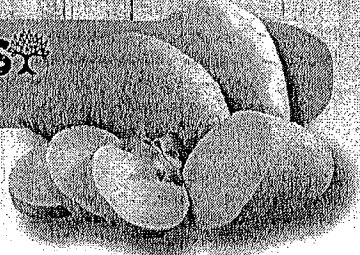
Wednesday

Thursday

Friday



HARVEST
of the
MONTH



We proudly support clean, organic, local and sustainable agriculture.

1	Grilled Cheese Tomato Soup Buttered Corn Cucumber Coins Fresh Red Delicious Apple Mixed Fruit	2	Cheese Pizza Side Salad Steamed Broccoli Diced Peach Cup Diced Pears
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5	Crispy Chicken Sandwich Steamed Broccoli Buttered Corn Fresh Red Delicious Apple Diced Peach Cup
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6	Nachos Grande Carrots Celery Sticks Fresh Orange Diced Pears
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7	Beef Hot Dog on Bun Tator Tots Baked Beans Red Pepper Strips Fresh Banana Mixed Fruit
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8	Chicken Tenders Whole Wheat Bread Cucumber Coins Celery Sticks Fresh Red Delicious Apple Mixed Fruit
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9	Cheese Pizza Side Salad Steamed Broccoli Diced Peach Cup Diced Pears
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12	Chicken Nuggets Whole Wheat Bread Steamed Broccoli Buttered Corn Fresh Red Delicious Apple Diced Peach Cup
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13	Soft Taco Side of Carrots Baked Beans Celery Sticks Fresh Orange Diced Pears
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14	Cheeseburger Green Beans Red Pepper Strips Fresh Banana Applesauce
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15	Popcorn Chicken Whole Wheat Bread Mashed Potatoes Buttered Corn Fresh Red Delicious Apple Mixed Fruit
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16	Cheese Pizza Side Salad Steamed Broccoli Diced Peach Cup Diced Pears
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19	Presidents Day No School
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20	Winter Break
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21	Winter Break
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22	Winter Break
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23	Winter Break
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26	Popcorn Chicken Whole Wheat Bread Steamed Broccoli Buttered Corn Fresh Red Delicious Apple Diced Peach Cup
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27	Nachos Grande Carrots Baked Beans Celery Sticks Fresh Orange Diced Pears
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28	Cheeseburger Tator Tots Red Pepper Strips Fresh Banana Applesauce
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SIMPLY ROOTED™
in food and family

At Whitsons we believe that MSG, partially hydrogenated oils, artificial colors, flavors or preservatives and high fructose corn syrup do not need to be in the foods we eat. We are Simply

Rooted™ in food and family and we care. Our ingredients are locally sourced, all natural, and organic or non-GMO, whenever possible.



1% White, Skim and Fat Free Chocolate Milk available for each meal

If you have any questions, please contact Brian Nolan, Food Service Director at 237-9101 ex 1411

Assorted Deli Sandwiches, Chef Salads, Yogurt Parfaits, Hamburgers, Cheeseburgers, Chicken and Cheese Pizza Served Daily!

VEGETARIAN MADE WITH ALL NATURAL INGREDIENTS PORK VEGAN MADE WITH ORGANIC INGREDIENTS

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions. Menu is subject to change, notice posted when available. This institution is an equal opportunity provider.