

Welcome to our Breakfast Cafe @

Green Island Primary

February 2018

Monday

Tuesday

Wednesday

Thursday

Friday

WHITSONS FUEL YOUR DAY THE RIGHT WAY
EAT A HEALTHY BREAKFAST



VEGETARIAN MADE WITH ORGANIC INGREDIENTS
MADE WITH ALL NATURAL INGREDIENTS PORK VEGAN

1 Egg and Cheese Sandwich Apple 100% Juice Applesauce	2 French Toast Turkey Sausage Patty Syrup Apple 100% Juice Mixed Fruit
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5 WW Bagel Lite Cream Cheese Apple 100% Juice Mixed Fruit	6 Waffles with Sausage Syrup 100% Orange Juice Blend Diced Pears	7 Pancakes & Sausage Syrup 100% Orange Juice Blend Sliced Peaches	8 Sausage, Egg and Cheese Sandwich 100% Orange Juice Blend Diced Pears	9 French Toast Turkey Sausage Patty Syrup Apple 100% Juice Mixed Fruit
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12 Pancakes & Sausage Syrup 100% Orange Juice Blend Sliced Peaches	13 Waffles with Sausage Syrup 100% Orange Juice Blend Diced Pears	14 Scrambled Eggs Plain Mini Bagels 100% Orange Juice Blend Diced Pears	15 Egg and Cheese Sandwich Apple 100% Juice Applesauce	16 French Toast Turkey Sausage Patty Syrup Apple 100% Juice Mixed Fruit
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19 Presidents Day No School	20 Winter Break	21 Winter Break	22 Winter Break	23 Winter Break
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26 Pancakes & Sausage Syrup 100% Orange Juice Blend Sliced Peaches	27 Waffles with Sausage Syrup Apple 100% Juice Diced Pears	28 Scrambled Eggs Plain Mini Bagels 100% Orange Juice Blend Diced Pears
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SIMPLY ROOTED™ in food and family

At Whitsons we believe that MSG, partially hydrogenated oils, artificial colors, flavors or preservatives and high fructose corn syrup do not need to be in the foods we eat. We are Simply

Rooted™ in food and family and we care. Our ingredients are locally sourced, all natural, and organic or non-GMO, whenever possible.



Breakfast Prices

Breakfast is Free to all Students at Green Island. Please come in and enjoy a wide variety of items!

Available Daily

Whole grain bagels w/ butter or low fat cream cheese
Assorted Yogurt and Yogurt Parfait with Fruit and Granole
Assorted Muffins: blueberry, chocolate chip or corn
Assorted Cereals: Cinnamon Toast Crunch, Honey Nut Cheerios, Rice Krispies
All served with choice of bread, fat free or low fat milk, assorted juices and fresh fruits

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions. Menu is subject to change, notice posted when available. This institution is an equal opportunity provider. If you have any questions or would like additional information regarding this menu