

Welcome to our Lunch Cafe @

Green Island School

October
2017

Monday

Tuesday

Wednesday

Thursday

Friday



We proudly support clean, organic, local and sustainable agriculture.

<p>2 Crispy Chicken Sandwich Corn Steamed Broccoli Sliced Peaches Fresh Red Delicious Apple</p>	<p>3 Soft Taco Red Pepper Strips Green Beans Diced Peas Fresh Orange</p>	<p>4 Popcorn Chicken Whole Wheat Dinner Roll Side of Carrots Baked Potato Wedges Applesauce Fresh Banana</p>	<p>5 Beef Hot Dog on Bun Baked Beans Celery Sticks Cucumber Coins Mixed Fruit Fresh Red Delicious Apple</p>	<p>6 Cheese Pizza Side Salad Steamed Broccoli Sliced Peaches Diced Peas</p>
<p>9 Columbus Day No School</p>	<p>10 Soft Taco Red Pepper Strips Green Beans Diced Peas Fresh Orange</p>	<p>11 Chicken Tenders Whole Wheat Dinner Roll Baked Beans Side of Carrots Baked Potato Wedges Applesauce Fresh Banana</p>	<p>12 Meatball Parmesan Sandwich Celery Sticks Cucumber Coins Mixed Fruit Fresh Red Delicious Apple</p>	<p>13 Cheese Pizza Side Salad Steamed Broccoli Sliced Peaches Diced Peas</p>
<p>16 Chicken Nuggets Whole Wheat Dinner Roll Corn Steamed Broccoli Sliced Peaches Fresh Red Delicious Apple</p>	<p>17 French Toast Turkey Sausage Patty Syrup Side of Carrots Tator Tots Diced Peas Fresh Orange</p>	<p>18 Cheeseburger Red Pepper Strips Green Beans Applesauce Fresh Banana</p>	<p>19 Beef Hot Dog on Bun Baked Beans Celery Sticks Cucumber Coins Mixed Fruit Fresh Red Delicious Apple</p>	<p>20 Cheese Pizza Side Salad Steamed Broccoli Sliced Peaches Diced Peas</p>
<p>23 Crispy Chicken Sandwich Corn Steamed Broccoli Sliced Peaches Fresh Red Delicious Apple</p>	<p>24 Nachos Grande Red Pepper Strips Green Beans Diced Peas Fresh Orange</p>	<p>25 Popcorn Chicken Whole Wheat Dinner Roll Side of Carrots Baked Potato Wedges Applesauce Fresh Banana</p>	<p>26 Grilled Cheese Tomato Soup Baked Beans Celery Sticks Cucumber Coins Mixed Fruit Fresh Red Delicious Apple</p>	<p>27 Cheese Pizza Side Salad Steamed Broccoli Sliced Peaches Diced Peas</p>
<p>30 Chicken Nuggets Whole Wheat Dinner Roll Corn Steamed Broccoli Sliced Peaches Fresh Red Delicious Apple</p>	<p>31 French Toast Turkey Sausage Patty Syrup Tator Tots Carrot Dippers Diced Peas Fresh Orange</p>			

SIMPLY ROOTED™ in food and family

All of our products have zero trans-fats, unless they are naturally occurring. We are Simply Rooted™ in food and family and use ingredients that are locally sourced, all natural,

and organic or non-GMO, whenever possible.



School Lunch Full Price is \$2.85
Reduced Price is \$0.25

1% White, Skim and Fat Free Chocolate Milk available with all meals.

Assorted Deli Sandwiches, Chef Salads and Yogurt Parfaits with Granola and Fruit served daily.
Romaine Salad is served daily as a vegetable option.

If you have any questions, please contact Brian Nolan, Food Service Director 237-9100 x 1411

October 5th is Lucky Tray Day, See Details in the Cafeteria!