

Welcome to our Breakfast Cafe



Green Island School

November 2017

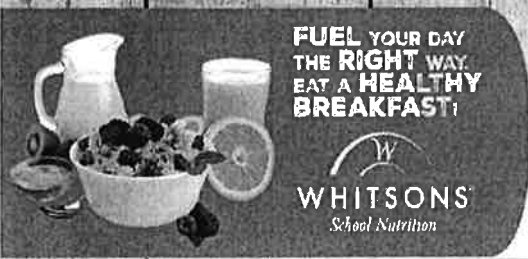
Monday

Tuesday

Wednesday

Thursday

Friday



1 Scrambled Eggs
Plain Mini Bagels
Apple 100% Juice
Diced Pears

2 Waffles with Sausage Syrup
Apple 100% Juice
Applesauce

3 French Toast
Turkey Sausage Patty Syrup
Apple 100% Juice
Mixed Fruit

6 Fresh Bagel
Lite Cream Cheese
Apple 100% Juice
Mixed Fruit

7 Sausage, Egg and Cheese Sandwich
100% Orange Juice Blend
Sliced Peaches

8 Pancakes & Sausage Syrup
100% Orange Juice Blend
Sliced Peaches

9 Sausage, Egg and Cheese Sandwich
100% Orange Juice Blend
Diced Pears



13 Pancakes & Sausage Syrup
100% Orange Juice Blend
Sliced Peaches

14 Waffles with Sausage Syrup
100% Orange Juice Blend
Diced Pears

15 Scrambled Eggs
Plain Mini Bagels
100% Orange Juice Blend
Diced Pears

16 Egg and Cheese Sandwich
Apple 100% Juice
Applesauce

17 French Toast
Turkey Sausage Patty Syrup
Apple 100% Juice
Mixed Fruit

20 Pancakes & Sausage Syrup
100% Orange Juice Blend
Sliced Peaches

21 Waffles with Sausage Syrup
Apple 100% Juice
Diced Pears

22 Thanksgiving Recess
No School

23 Happy Thanksgiving!

24 Thanksgiving Recess
No School

27 Pancakes & Sausage Syrup
100% Orange Juice Blend
Diced Pears

28 Waffles with Sausage Syrup
100% Orange Juice Blend
Applesauce

29 Sausage, Egg and Cheese Sandwich
100% Orange Juice Blend
Sliced Peaches

30 French Toast
Turkey Sausage Patty Syrup
Apple 100% Juice
Mixed Fruit

SIMPLY ROOTED™ in food and family

Our milk is rBGH free and does not contain high fructose corn syrup. We only offer milk that is fat free or 1%. This is because we are Simply Rooted™ in food and family and use ingredients that are locally sourced, all natural, and organic or non-GMO, whenever possible.



Breakfast Prices

Breakfast is Free to all Students at Green Island

Please come in and enjoy a wide variety of items!

Available Daily

Whole grain bagels w/ butter or low fat cream cheese

Assorted Yogurt and Yogurt Parfait with Fruit and Granola

Assorted Muffins: blueberry, chocolate chip or corn

Assorted Cereals: Cinnamon Toast Crunch, Honey Nut Cheerios, Rice Krispies

All served with choice of bread, fat free or low fat milk, assorted juices and fresh fruits

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions. Menu is subject to change, notice posted when available. USDA is an equal opportunity provider, employer, and lender.