

30 February is Black History Month as well as American Heart Month.

side items

31 February 2nd is Groundhog Day. February 14th is Valentines Day.

side items

1 Cheeseburger on Whole Grain Bun
Egg Chef Salad
Tuna Salad Sandwich

side items
Tater Tots, Sliced Carrots, Diced Pears, Fresh Banana

2 Meatball Sub
Turkey Ham Chef Salad
Bologna and Cheese Sandwich

side items
Baked Vegetarian Beans, Celery Sticks, Fresh Cucumbers
Applesauce, Fruit Cocktail

3 Cheese Pizza
Chicken Dice Salad
Egg Salad Sandwich

side items
Romaine Salad, Steamed Broccoli, Chilled Peaches, Diced Pears

6 Chicken Patty on Whole Grain Bun
Turkey Chef Salad
Turkey and Cheese Sandwich

side items
Steamed Broccoli, Sweet Corn, Fresh Apple, Fruit Cocktail

7 Beef Taco
Ham Chef Salad
Ham and Cheese Sandwich

side items
Green Beans, Red Pepper Strips, Fresh Orange
Diced Peaches

8 Popcorn Chicken
Egg Chef Salad
Tuna Salad Sandwich

side items
Tater Tots, Sliced Carrots, Diced Pears, Fresh Banana

9 Hot Dog on Whole Grain Roll
Turkey Ham Chef Salad
Bologna and Cheese Sandwich

side items
Baked Vegetarian Beans, Celery Sticks, Fresh Cucumbers
Applesauce, Fruit Cocktail

10 Cheese Pizza
Chicken Dice Salad
Egg Salad Sandwich

side items
Romaine Salad, Steamed Broccoli, Chilled Peaches, Diced Pears

13 Chicken Nuggets
Turkey Chef Salad
Turkey and Cheese Sandwich

side items
Steamed Broccoli, Sweet Corn, Fresh Apple, Fruit Cocktail

14 Valentine's Day
Beef Nachos
Ham Chef Salad
Ham and Cheese Sandwich

side items
Green Beans, Red Pepper Strips, Fresh Orange
Diced Peaches

15 Brunch for Lunch (French Toast Sticks)
Sausage Patty
Egg Chef Salad
Tuna Salad Sandwich

side items
Tater Tots, Sliced Carrots, Diced Pears, Fresh Banana

16 Meatball Sub
Turkey Ham Chef Salad
Bologna and Cheese Sandwich

side items
Baked Vegetarian Beans, Celery Sticks, Fresh Cucumbers
Applesauce, Fruit Cocktail

17 1/2 Day of School
No Lunch Served

side items

20 Presidents Day
No School

side items

21 Winter Recess
No School

side items

22 Winter Recess
No School

side items

23 Winter Recess
No School

side items

24 Winter Recess
No School

side items

27 Chicken Patty on Whole Grain Bun
Turkey Chef Salad
Turkey and Cheese Sandwich

side items
Steamed Broccoli, Sweet Corn, Fresh Apple, Fruit Cocktail

28 Beef Nachos
Ham Chef Salad
Ham and Cheese Sandwich

side items
Green Beans, Red Pepper Strips, Fresh Orange
Diced Peaches

1 The February Flower is the Violet.

side items

2 The fruit of the month is Fresh Oranges.
February 3rd is National Wear Red Day.

side items

3 Breakfast is Free to All Students at Green Island. Please take advantage of this great program.

side items



Students are offered both a 1/2 Cup of Fruit and Vegetable. They may take both but must take one choice with their lunch.

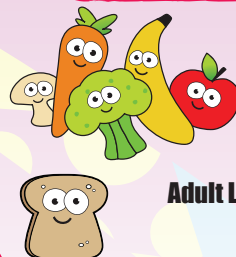
Local ingredients are always used when in season

Ovo-Lacto Vegetarian, may contain Egg & Milk

Nutritional Messages may vary by school.

This institution is an equal opportunity provider.

Full Paid Lunch is \$2.75, Reduced is \$0.25



Eat Healthy - Fuel Up!

1% White, Skim or Fat Free Chocolate Milk Available Daily!

Adult Lunch \$4.05

