

30 February is Black History Month as well as American Heart Month.

side items

31 February 2nd is Groundhog Day. February 14th is Valentines Day.

side items

1 BBQ Chicken Wrap
Pepperoni Pizza
Tuna Salad Sandwich

side items
Tater Tots, Sliced Carrots, Diced Pears, Fresh Banana

2 Chicken Bacon Cheese Melt
Sausage Pizza
Meatball Sub

side items
Baked Vegetarian Beans, Celery Sticks, Fresh Cucumbers
Applesauce, Fruit Cocktail

3 Cheese Steak Melt
Pepperoni Pizza
Cheese Pizza
Egg Salad Sandwich

side items
Romaine Salad, Steamed Broccoli, Chilled Peaches, Diced Pears

6 Nacho Cheeseburger on Whole Grain Roll
Chicken Patty on Whole Grain Bun
Pepperoni Pizza

side items
Steamed Broccoli, Sweet Corn, Fresh Apple, Fruit Cocktail

7 Valentine's Day
Spicy Popcorn Chicken
Beef Taco
Buffalo Chicken Pizza

side items
Green Beans, Red Pepper Strips, Fresh Orange
Diced Peaches

8 Genral Tso Chicken w/ Rice and Broccoli
Chicken Patty on Whole Grain Bun
Cheese Pizza

side items
Tater Tots, Sliced Carrots, Diced Pears, Fresh Banana

9 Grilled Cheese and Bacon Melt
Hot Dog on Whole Grain Roll
BBQ Chicken Pizza

side items
Baked Vegetarian Beans, Celery Sticks, Fresh Cucumbers
Applesauce, Fruit Cocktail

10 Fish and Cheese Melt
Bacon Cheeseburger on Whole Grain Melt
Cheese Pizza

side items
Romaine Salad, Steamed Broccoli, Chilled Peaches, Diced Pears

13 Chicken Patty on Whole Grain Bun
Cheeseburger or Hamburger on WG Bread
Cheese Pizza

side items
Steamed Broccoli, Sweet Corn, Fresh Apple, Fruit Cocktail

14 Spicy Chicken Patty on Whole Grain Roll
Beef Nachos
Pepperoni Pizza

side items
Green Beans, Red Pepper Strips, Fresh Orange
Diced Peaches

15 Chicken Bacon Cheese Melt
Spicy Chicken Patty on Whole Grain Roll
Cheese Pizza

side items
Tater Tots, Sliced Carrots, Diced Pears, Fresh Banana

16 Chicken Nuggets
Meatball Sub
Sausage Pizza

side items
Baked Vegetarian Beans, Celery Sticks, Fresh Cucumbers
Applesauce, Fruit Cocktail

17 1/2 Day of School
No Lunch Served

side items

20 Presidents Day
No School

side items

21 Winter Recess
No School

side items

22 Winter Recess
No School

side items

23 Winter Recess
No School

side items

24 Winter Recess
No School

side items

27 Chicken Patty on Whole Grain Bun
Cheeseburger or Hamburger on WG Bread
Cheese Pizza

side items
Steamed Broccoli, Sweet Corn, Fresh Apple, Fruit Cocktail

28 Beef Nachos
Cheeseburger or Hamburger on WG Bread
Cheese Pizza

side items
Green Beans, Red Pepper Strips, Fresh Orange
Diced Peaches

1 The February Flower is the Violet.

side items

2 The fruit of the month is Fresh Oranges.
February 3rd is National Wear Red Day.


side items

3 Breakfast is Free to All Students
at Green Island. Please take advantage of this great program.

side items



Questions? Please contact Brian Nolan
Food Service Director
237-9100 x 1411

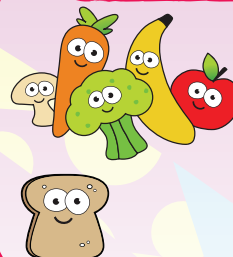
 Local ingredients are always used when in season

 Ovo-Lacto Vegetarian, may contain Egg & Milk

Nutritional Messages may vary by school.

This institution is an equal opportunity provider.

Breakfast is FREE to all STUDENTS!



Eat Healthy - Fuel Up!

1% White, Skim or Fat Free Chocolate Milk
Available Daily!

